



2021-04-06 02:37:37
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 2021 Aon New Zealand Swimming Championships
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Results for 2021 Aon New Zealand Swimming Championships

Below are all results from the competition shown by session.

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Session 11

Session Two - Heats

Results


2021 Aon NZ Swimming Championships

Place: Organizer: Swimming New Zealand
 Pool: 50m Competition Date: Apr 5, 2021 to Apr 10, 2021

Event 5, 400m Individual Medley Women - Heat

NZR 4:39.07 Helen Norfolk AK (NZL) 25/03/2008
 18yr NZR 4:47.75 Standard
 17yr NZR 4:42.19 Mya Rasmussen MW (NZL) 21/07/2017

Rank	Name	Age Team	R.T. FINA	Time	Diff	QA
1	Georgina McCarthy	18 Hamilton Aquatics		4:53.73		QA
	Entry time: 4:47.56 (+6.17)					
	50m: 31.95 100m: 1:07.97 (36.02) 150m: 1:45.21 (37.24) 200m: 2:22.03 (36.82)					
	250m: 3:02.39 (40.36) 300m: 3:43.85 (41.46) 350m: 4:27.21 (42.17) 400m: 4:53.73 (4:53.73)					
2	Ruby Matthews	22 North Shore Swimming Club		5:01.40	+7.67	QA
	Entry time: 4:53.25 (+8.15)					
	50m: 31.08 100m: 1:06.30 (35.22) 150m: 1:47.23 (40.93) 200m: 2:27.07 (39.84)					
	250m: 3:09.80 (42.73) 300m: 3:51.97 (42.17) 350m: 4:27.21 (35.24) 400m: 5:01.40 (34.19)					
3	Georgia Wills	17 Capital Swim Club	+0.71	5:03.51	+9.78	QA
	Entry time: 5:10.37 (-6.86)					
	50m: 30.97 100m: 1:06.63 (35.66) 150m: 1:45.19 (38.56) 200m: 2:22.98 (37.79)					
	250m: 3:07.65 (44.67) 300m: 3:52.90 (45.25) 350m: 4:28.52 (35.62) 400m: 5:03.51 (34.99)					
4	Charlie Twose	16 North Shore Swimming Club	+0.56	5:05.51	+11.78	QA
	Entry time: 5:03.74 (+1.77)					
	50m: 31.60 100m: 1:07.58 (35.98) 150m: 1:46.25 (38.67) 200m: 2:24.68 (38.43)					
	250m: 3:09.56 (44.88) 300m: 3:54.90 (45.34) 350m: 4:30.25 (35.35) 400m: 5:05.51 (35.26)					
5	Hannah Bates	20 Wharenui Swim Club	+0.63	5:09.73	+16.00	QA
	Entry time: 5:02.36 (+7.37)					
	50m: 31.19 100m: 1:07.35 (36.16) 150m: 1:47.45 (40.10) 200m: 2:26.65 (39.20)					
	250m: 3:10.82 (44.17) 300m: 3:55.99 (45.17) 350m: 4:33.48 (37.49) 400m: 5:09.73 (36.25)					
6	Jenna Rolston-Larking	17 Capital Swim Club	+0.55	5:10.91	+17.18	QA
	Entry time: 5:08.27 (+2.64)					
	50m: 31.02 100m: 1:06.50 (35.48) 150m: 1:47.49 (40.99) 200m: 2:28.09 (40.60)					
	250m: 3:12.45 (44.36) 300m: 3:57.50 (45.05) 350m: 4:34.30 (36.80) 400m: 5:10.91 (36.61)					
7	Ciara Smith	20 Northwave Swim Club	+0.65	5:15.57	+21.84	QA
	Entry time: 5:00.08 (+15.49)					
	50m: 34.16 100m: 1:14.56 (40.40) 150m: 1:54.77 (40.21) 200m: 2:34.17 (39.40)					
	250m: 3:15.55 (41.38) 300m: 3:59.46 (43.91) 350m: 4:38.09 (38.63) 400m: 5:15.57 (37.48)					
8	Bree Anderson	18 Wharenui Swim Club	+0.89	5:15.78	+22.05	QA
	Entry time: 5:10.01 (+5.77)					
	50m: 32.30 100m: 1:10.09 (37.79) 150m: 1:49.02 (38.93) 200m: 2:28.37 (39.35)					
	250m: 3:13.26 (44.89) 300m: 3:59.96 (46.70) 350m: 4:38.69 (38.73) 400m: 5:15.78 (37.09)					
9	Alexandra Campion	14 United Swimming Club	+0.64	5:16.87	+23.14	QA
	Entry time: 5:11.05 (+5.82)					
	50m: 32.13 100m: 1:09.64 (37.51) 150m: 1:49.27 (39.63) 200m: 2:28.27 (39.00)					
	250m: 3:15.91 (47.64) 300m: 4:03.22 (47.31) 350m: 4:40.44 (37.22) 400m: 5:16.87 (36.43)					
10	Sophie Shallard	17 Neptune Swim Club		5:16.91	+23.18	QA
	Entry time: 5:24.99 (-8.08)					
	50m: 32.00 100m: 1:08.95 (36.95) 150m: 1:48.52 (39.57) 200m: 2:28.07 (39.55)					
	250m: 3:17.05 (48.98) 300m: 4:06.50 (49.45) 350m: 4:42.20 (35.70) 400m: 5:16.91 (5:16.91)					
11	Maia Adams	16 Raumatangi Swimming Club	+0.47	5:17.83	+24.10	QB
	Entry time: 5:13.77 (+4.06)					
	50m: 33.24 100m: 1:13.75 (40.51) 150m: 1:52.89 (39.14) 200m: 2:32.28 (39.39)					
	250m: 3:18.04 (45.76) 300m: 4:05.35 (47.31) 350m: 4:42.04 (36.69) 400m: 5:17.83 (35.79)					
12	Zoe Wilkinson	15 Evolution Aquatics Tauranga	+0.79	5:18.92	+25.19	QB
	Entry time: 5:19.10 (-0.18)					
	50m: 33.00 100m: 1:11.54 (38.54) 150m: 1:52.41 (40.87) 200m: 2:33.34 (40.93)					
	250m: 3:19.10 (45.76) 300m: 4:06.42 (47.32) 350m: 4:43.31 (36.89) 400m: 5:18.92 (35.61)					
13	Emilia Finer	16 Bream Bay Swim Club	+0.68	5:19.68	+25.95	QB
	Entry time: 5:22.32 (-2.64)					
	50m: 32.11 100m: 1:09.60 (37.49) 150m: 1:51.26 (41.66) 200m: 2:32.96 (41.70)					
	250m: 3:20.77 (47.81) 300m: 4:09.10 (48.33) 350m: 4:44.62 (35.52) 400m: 5:19.68 (35.06)					
14	Bronagh Ryan	27 Porirua City Aquatics	+0.66	5:20.24	+26.51	QB
	Entry time: 5:10.80 (+9.44)					
	50m: 33.53 100m: 1:12.46 (38.93) 150m: 1:54.97 (42.51) 200m: 2:37.16 (42.19)					
	250m: 3:20.03 (42.87) 300m: 4:03.83 (43.80) 350m: 4:42.51 (38.68) 400m: 5:20.24 (37.73)					
15	Madison Wills	17 Neptune Swim Club	+0.68	5:21.26	+27.53	QB
	Entry time: 5:05.45 (+15.81)					
	50m: 32.32 100m: 1:10.71 (38.39) 150m: 1:54.12 (43.41) 200m: 2:37.08 (42.96)					
	250m: 3:21.55 (44.47) 300m: 4:06.82 (45.27) 350m: 4:44.14 (37.32) 400m: 5:21.26 (37.12)					
16	Sarah Mabin	20 Jasi Swim Club	+0.64	5:23.33	+29.60	QB
	Entry time: 5:17.32 (+6.01)					
	50m: 34.06 100m: 1:14.40 (40.34) 150m: 1:55.90 (41.50) 200m: 2:36.91 (41.01)					
	250m: 3:21.45 (44.54) 300m: 4:06.22 (44.77) 350m: 4:45.24 (39.02) 400m: 5:23.33 (38.09)					
17	Nathalie Hull	17 United Swimming Club	+0.51	5:23.36	+29.63	



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Entry time: 5:22.01 (+1.35)					
50m: 31.92	100m: 1:11.54 (39.62)	150m: 1:53.73 (42.19)	200m: 2:34.41 (40.68)		
250m: 3:20.41 (46.00)	300m: 4:07.82 (47.41)	350m: 4:45.69 (37.87)	400m: 5:23.36 (37.67)		
18 Vasilina Shipilova	19 Waitakere Swimming Club	+0.69	5:24.24	+30.51	
Entry time: 5:07.33 (+16.91)					
50m: 32.71	100m: 1:11.84 (39.13)	150m: 1:54.31 (42.47)	200m: 2:36.52 (42.21)		
250m: 3:21.26 (44.74)	300m: 4:07.29 (46.03)	350m: 4:45.97 (38.68)	400m: 5:24.24 (38.27)		
19 Elisia Wong	18 Pirates Swim Team	+0.75	5:24.54	+30.81	
Entry time: 5:20.28 (+4.26)					
50m: 34.25	100m: 1:17.07 (42.82)	150m: 1:57.27 (40.20)	200m: 2:35.90 (38.63)		
250m: 3:22.16 (46.26)	300m: 4:09.13 (46.97)	350m: 4:48.29 (39.16)	400m: 5:24.54 (36.25)		
20 Naia Anderson	18 Mt Maunganui Swimming Club	+0.73	5:26.58	+32.85	
Entry time: 5:01.96 (+24.62)					
50m: 31.56	100m: 1:08.96 (37.40)	150m: 1:49.73 (40.77)	200m: 2:30.17 (40.44)		
250m: 3:18.93 (48.76)	300m: 4:09.73 (50.80)	350m: 4:48.47 (38.74)	400m: 5:26.58 (38.11)		
21 Caitlin Close	17 North Canterbury Swim Club Inc	+0.71	5:30.91	+37.18	
Entry time: 5:25.31 (+5.60)					
50m: 32.23	100m: 1:10.33 (38.10)	150m: 1:54.41 (44.08)	200m: 2:37.30 (42.89)		
250m: 3:25.96 (48.66)	300m: 4:15.42 (49.46)	350m: 4:53.84 (38.42)	400m: 5:30.91 (5:30.91)		
22 Jordan Rogers	18 Neptune Swim Club	+0.48	5:31.10	+37.37	
Entry time: 5:26.28 (+4.82)					
50m: 32.93	100m: 1:11.70 (38.77)	150m: 1:55.90 (44.20)	200m: 2:40.30 (44.40)		
250m: 3:28.95 (48.65)	300m: 4:17.52 (48.57)	350m: 4:55.79 (38.27)	400m: 5:31.10 (5:31.10)		
23 Freya Hingston	13 United Swimming Club	+0.77	5:31.66	+37.93	
Entry time: 5:22.45 (+9.21)					
50m: 33.19	100m: 1:12.22 (39.03)	150m: 1:55.22 (43.00)	200m: 2:38.81 (43.59)		
250m: 3:26.69 (47.88)	300m: 4:16.66 (49.97)	350m: 4:54.06 (37.40)	400m: 5:31.66 (37.60)		
24 Madeline Whittam	17 Northwave Swim Club	+0.74	5:33.77	+40.04	
Entry time: 5:20.48 (+13.29)					
50m: 34.26	100m: 1:14.50 (40.24)	150m: 1:59.01 (44.51)	200m: 2:43.01 (44.00)		
250m: 3:28.43 (45.42)	300m: 4:15.67 (47.24)	350m: 4:55.07 (39.40)	400m: 5:33.77 (38.70)		
25 Rhianna Short	17 Orca Swimming Club		5:35.29	+41.56	
Entry time: 5:20.19 (+15.10)					
50m: 34.11	100m: 1:14.26 (40.15)	150m: 1:58.55 (44.29)	200m: 2:41.45 (42.90)		
250m: 3:27.18 (45.73)	300m: 4:15.16 (47.98)	350m: 4:56.68 (41.52)	400m: 5:35.29 (38.61)		
26 Samantha Harman	16 Tasman Swim Club	+0.56	5:47.18	+53.45	
Entry time: 5:20.38 (+26.80)					
50m: 34.78	100m: 1:18.43 (43.65)	150m: 2:02.72 (44.29)	200m: 2:46.59 (43.87)		
250m: 3:35.43 (48.84)	300m: 4:26.28 (50.85)	350m: 5:07.68 (41.40)	400m: 5:47.18 (39.50)		
Event official at: 6/04/2021 12:37:09 pm					

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